

TRAINING PLAN TEMPLATE

GOAL BEHAVIOR: _____

PARAMETERS

Parameter	Definition

TIPS & TRICKS

- Download the template and use Acrobat to save and edit your data.
- Be thorough in your goal behavior description. Missing something will mess you up later.
- Identify and define parameters however makes sense to you.
- Make sure each element of your goal behavior is covered by a parameter.
- As you decide the sequence of your steps, think about how the training will fit into your daily life, how the steps will break into sessions, how you can efficiently combine the effort of setting up to train.
- Find more detailed guidance and an example training plan on our website to help you.

TRAINING PLAN

Step							Notes
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HOW TO FOLLOW YOUR PLAN

- You can think of the parameters you listed for each step of your plan as the criteria your dog needs to meet to earn a treat.
- In general, here's how you work through a training plan:
 - Train in sets of 5 identical repetitions. Stay on the same step, using the same criteria, keeping your prompts and cues consistent.
 - If your dog earns 2 or fewer treats, go back one step.
 - If your dog earns 3 treats, stay on the same step.
 - If your dog earns 4 or 5 treats, move to the next step.
 - If you get stuck between two steps where even after re-practicing the easier step a few times, your dog still can't do the harder one, make a half step in the middle to help your dog bridge the gap.
- If you're using shaping or helping your dog overcome a phobia, you might use different criteria to determine how to move through your plan.